SURF LIFE SAVING OUEENSLAND Surf Rescue Certificate: 200m in 5 mins or less Bronze Medallion: 400m in 9mins or less Gold Medallion: 800m in 14 mins or less Note: This form can only be completed a current SLSA Bronze Medallion Trainer or Assessor, SLSA/ SAL Development	INDIVIDUAL POOL SWIM FORM Surf LIFE SAVING OUCENSLAND Surf Rescue Certificate: 200m in 5 mins or less Bronze Medallion: 400m in 9mins or less Gold Medallion: 800m in 14 mins or less Note: This form can only be completed a current SLSA Bronze Medallion Trainer or Assessor, SLSA/ SAL Development
Swim Coach or higher. For skills maintenance/ proficiency ONLY an Endorsed Delegate can complete.	Swim Coach or higher. For skills maintenance/ proficiency ONLY an Endorsed Delegate can complete.
Members Name:DOB:	Members Name:DOB:
Members Club:	Members Club:
Location that Pool Swim was conducted:	Location that Pool Swim was conducted:
I certify that the member named above completed a pool swim in a pool no less than 25m in length in the time detailed below.	I certify that the member named above completed a pool swim in a pool no less than 25m in length in the time detailed below.
Distance: □ 800m □ 400m □ 200m Swim Time: Date:	Distance: □ 800m □ 400m □ Swim Time: Date:
□ New Award □ Skills Maintenance Proficiency	New Award Skills Maintenance Proficiency
Witness Name:	Witness Name:
Witness Qualification & Number*:	Witness Qualification & Number*:
* Swimming Australia Coach - Please attach a copy of your qualification Witness Signature:	Swimming Australia Coach - Please attach a copy of your qualification Witness Signature:
SURF LIFE SAVING QUEENSLAND Surf Rescue Certificate: 200m in 5 mins or less Bronze Medallion: 400m in 9mins or less Cald Markelling: 200m in 14 mins on less	SURF LIFE SAVING QUEENSLAND Surf Rescue Certificate: 200m in 5 mins or less Bronze Medallion: 400m in 9mins or less Celd Medallion: 900m in 14 mins on less
Gold Medallion: 800m in 14 mins or less	Gold Medallion: 800m in 14 mins or less
GOIA Medailion: 800m In 14 mins or less Note : This form can only be completed a current SLSA Bronze Medallion Trainer or Assessor, SLSA/ SAL Development Swim Coach or higher. For skills maintenance/ proficiency ONLY an Endorsed Delegate can complete.	Note : This form can only be completed a current SLSA Bronze Medallion Trainer or Assessor, SLSA/ SAL Development Swim Coach or higher. For skills maintenance/ proficiency ONLY an Endorsed Delegate can complete.
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